

## HEALTHY CONFRONTATION

by BRYAN ELLIOTT • from MORE THAN GOLD

There are individuals with high-conflict personalities who have the bad habit of "confronting " others with criticism, judgement, and manipulation. Often these people leave a wake of damage behind them. And sadly, these people are in the body of Christ. Sometimes they are even in church leadership. Engaging in conversation with such people is not fruitful. You have the choice not to take part or continue in unhealthy conversations. When in doubt, remember that healthy confrontation occurs between healthy people who have each other's best interest at heart.

With that in mind, be aware of your heart's position before correcting someone. If you are sharing out of an angry, annoyed, or bitter place, you probably need to keep quiet until you have dealt with the log in your own eye. If the person is in a fragile or vulnerable position, you want your words to be filled with God's peace and hope. It's possible the Lord is not asking you to say anything at all and just pray. Remember: If you have a heart of love, encouragement, and compassion, and you have a green light from the Holy Spirit, share what the Lord has put on your heart. Love does something. Indifference does nothing. The opposite of love is indifference. Alternately, a heart of love welcomes correction and conviction. A heart of love is quick to repent and realign when an area of darkness or wrong thinking is exposed. Let's keep our hearts soft, loving, and open to whatever areas of growth the Lord may highlight through His Word or His church.

## ADDITIONAL RESOURCES

This resource is from Bryan Elliott's book, *More than Gold.* Bryan is the President and co-founder of M46 Ministries along with his daughter, Bryn Elliott. Their mission is to inspire, disciple, and bring hope to the nations.

Find more resources at m46ministries.com

